



EFFECTIVE HEALTH CARE DELIVERY AT THE GRASSROOTS: THE PRIMARY HEALTH CARE CHALLENGE

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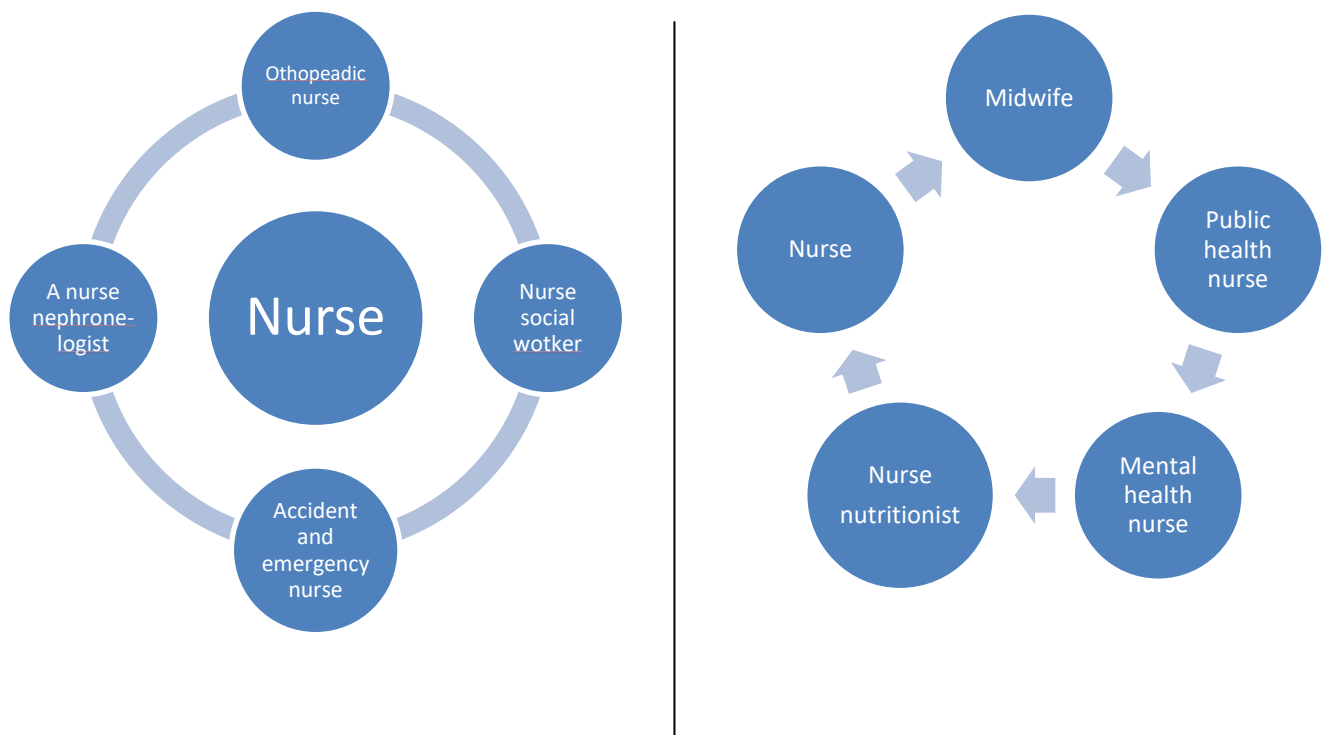
ABSTRACT: *A health care delivery system is the aggregate of institutions, organizations and persons who enter the health care system, who have responsibilities that include the promotion of health, prevention of illness, detection and treatment of disease, and rehabilitation. Effective health care (EHC) improves the quality of health care by providing the best available evidence on the outcomes, benefits and harms, and appropriateness of drugs, devices and health care services, and by helping health care professionals, patients, policymakers and health care systems. Health system also sometimes refers the organization of people, institutions, and resources that deliver health care services to meet the health needs of target populations. In some countries, health system planning is distributed among market participants.*

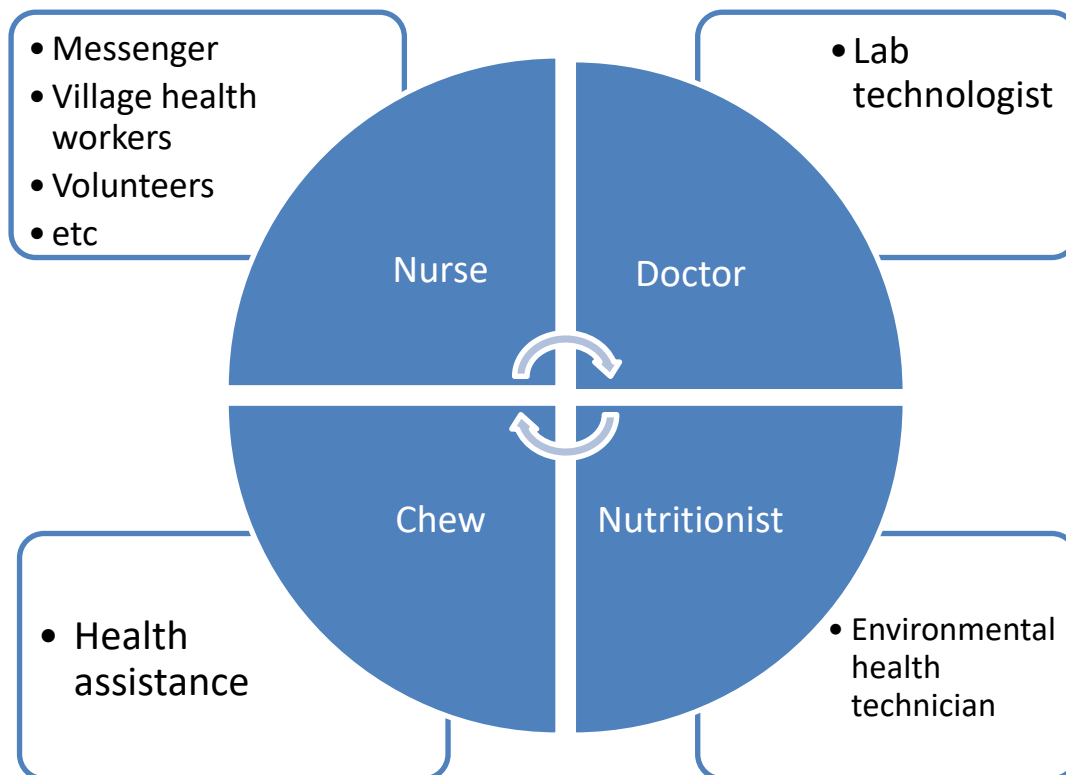


GOAL FOR EFFECTIVES HEALTH CARE DELIVERY

- Foster optimal **health** outcomes by providing cost-effective, patient-centered quality **care** with a service emphasis.
- **Health care delivery systems** should be designed to motivate patients and **health care** providers to make decisions consistent with this goal.
- Provide care for the ill and injured.
- Promote health.
- Prevent disease.
- Be accessible or make sure that **primary care** services are available, affordable and provided equally to all individuals, irrespective of their gender, age, ethnicity or location.
- Be people-centered.

WHO PROVIDES EFFECTIVE HEALTH CARE DELIVERY IN THE GRASSROOTS?





WHAT EFFECTIVE HEALTH CARE DELIVERY IN THE GRASSROOTS SHOULD INVOLVE

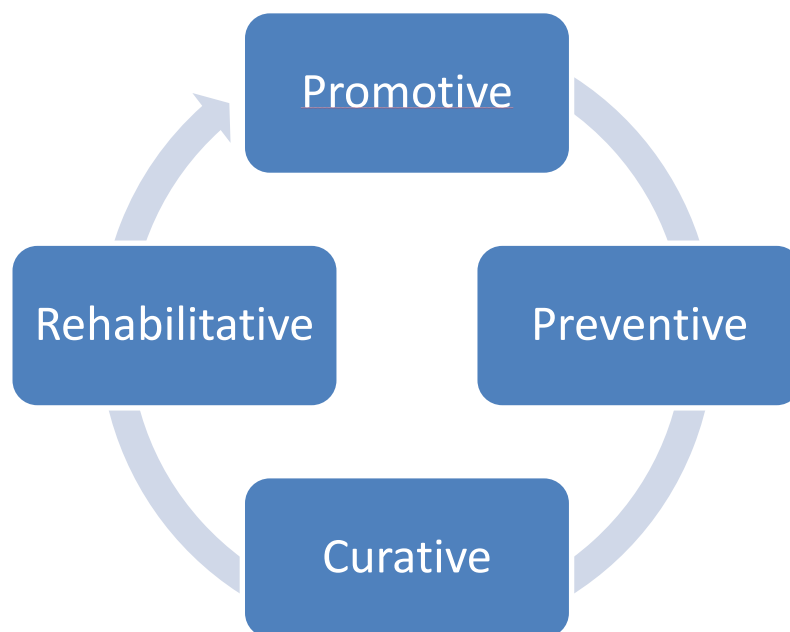
In effective health care delivery, the nurse/midwife should adopt the following:

- Organization of self and structure: This is when the midwife understands her human make-up and tries to adjust in every situation.
- Community participation and involvement
- Linkage system and good relationship
- Visitation
- Health education
- Publicity
- Research and application of the research work
- Academic update
- Information update on health issuers

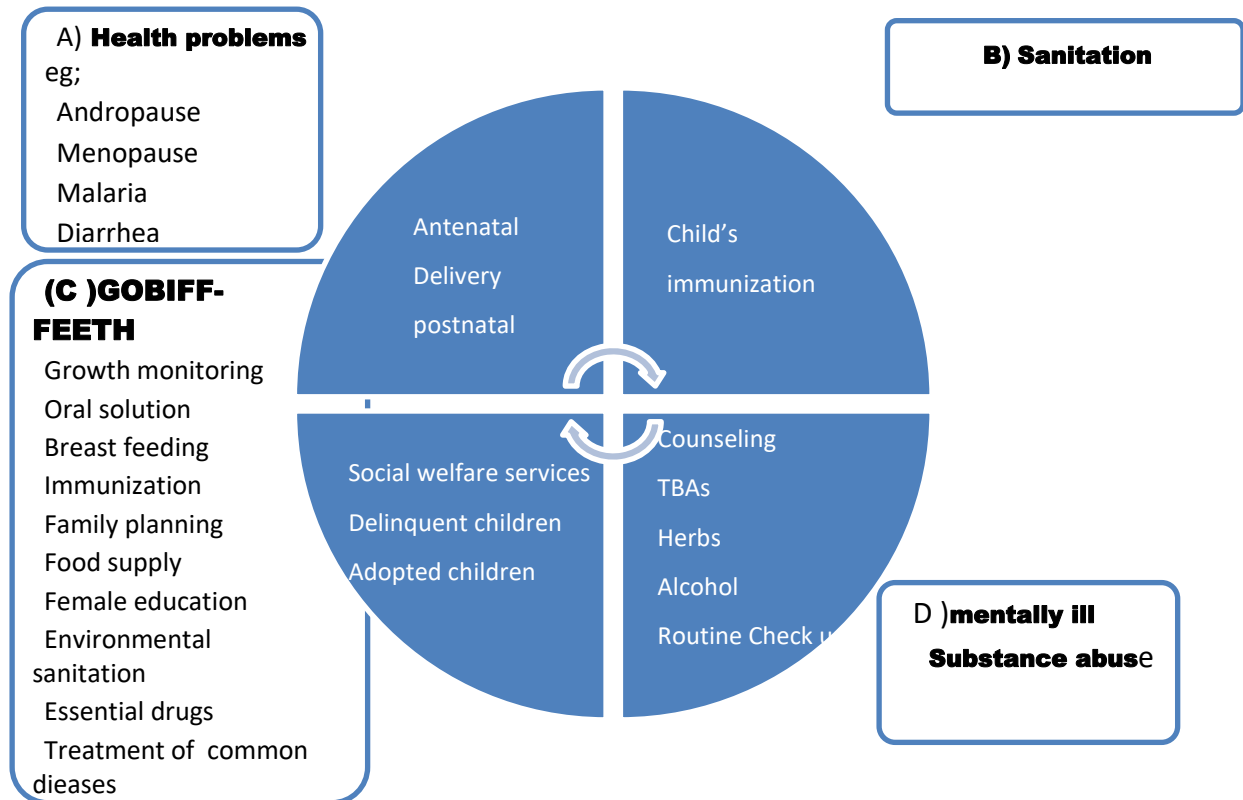
DOMAIN TO MEASURE EFFECTIVE HEALTH CARE DELIVERY IN THE GRASS ROOT

- **Safe:** Avoiding injuries to patients from care that is intended to help them.
- **Effective:** Avoiding overuse and misuse of care.
- **Patient-centered:** Providing care that is unique to a patient's needs.
- **Timely:** Reducing wait times and harmful delays for patients and providers.

EFFECTIVE HEALTH CARE DELIVERY IN THE GRASS ROOT: *PRIMARY HEALTH CARE PERSPECTIVE*



PRIMARY HEALTH CARE: THE NURSE COVAREGE

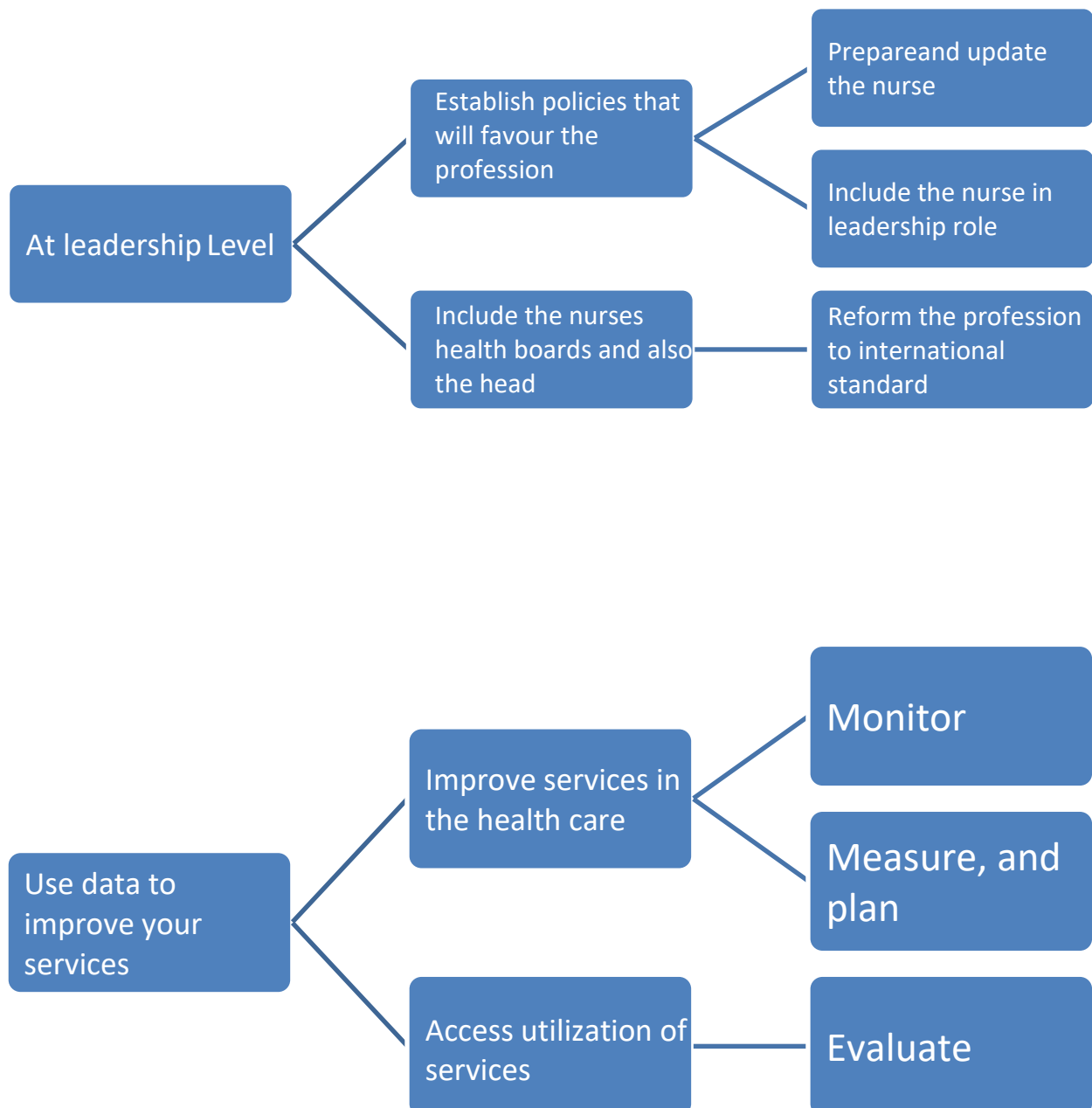


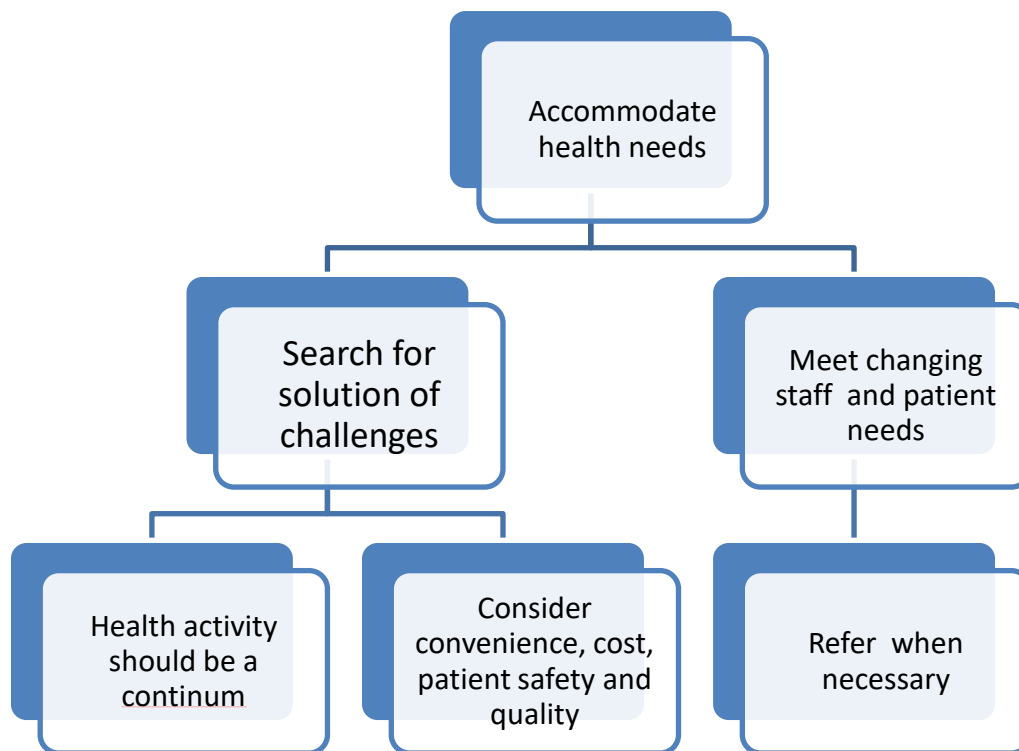
PHC CHALLENGES

- **Workplace violence:** Nurses and midwives are faced with the violent behaviors of patients/clients/community in the rural areas.
 - Problems between patients or the community may pose threat/danger to the midwife.
 - Violence and insecurity and in adequate nurse/midwife staffing level
- **Long working hours**
 - Know compensation, lack of respect from others, exposure to hazardous chemicals' exposure to diseases and inability to cost nursing care procedure
 - Lack of equipment, bad road, poor location of the health centers, inappropriate positioning, political will and education background.



WAY FORWARD TO MEET THE PHC CHALLENGES





- Have a better working condition
 - Adjust in your workplace, reduce waste, avoid problems, control self, be neat and arrange your health facility
 - Avoid absenteeism, improve in research, improve in education, remove barrier to practice, access your personal health, create new things, identify the security/hazard situations of the community, avoid disunity and involve the community and the government.

CONCLUSION

- Innovations in health are geared towards improving health outcomes, diagnosis and treatment as well as efficacy and effectiveness.
- Despite the challenges that abound in the process of delivering effective health care, the nurses still have the responsibility of meeting our patients' needs and expectations.
- Remember, nursing is a career that can destroy or uplift the health of the people.



SUMMARY

The nursing profession has indeed gone a long way from the initial image of just helpers of doctors. Registered nurses have become medical care professionals and have developed their own identity in the medical world. Indeed, the states of the nurses all over the world have greatly improved. However, it does not mean that the job of a nurse is any easier.

In fact, these days, the nurses are facing many challenges and these challenges are diverse. Some are easy to overcome while some are complicated and may take a while for the nurses to pass their way through. In this era of knowledge explosion where everybody is aware of his/her right, nurses cannot shy away from delivering effective nursing care. If we are to avoid litigation and remain relevant in the health team, then we must be accountable for our actions, which of course must meet minimum acceptance standards, i.e., effective nursing care.